

Hand Sanitiser (hand rub)



NEED TO KNOW

There are 2 main types of Hand Sanitiser:

- **Alcohol based** - should be 60 – 95% alcohol to effectively kill germs and viruses
- **Alcohol free**

Non-alcohol based versions are less effective than alcohol-based ones.

All Consortium Hand Sanitiser's are over 60% alcohol.

KEY FACTS

- Hand sanitiser should not replace washing hands with soap and water as it is less effective at killing certain kinds of germs, such as norovirus and Clostridium difficile.
- Hand sanitiser should be left to dry on the skin to be most effective
- Alcohol based sanitisers are flammable.
- Emollients are usually added to prevent drying of the skin.
- Foam doesn't slide off hands as easily so is better for small children.

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